



CANOE SPRINT OFFICIAL TRAINING SCHEDULE 23-28.09.2009

Work hours

Pre-work Study the ICF Statutes and CSP Racing Rules plus Guidelines for CSP Officiating by Rowling. **80,0**

Day	Subject	Lessions	Practise	Test	Hours	
24.09	Level Test of Candidates	0,5		0,5	1,0	
24-25.09	Rules and Theory of Practise	12,0			12,0	
25.09	Teamleader Meeting	1,5			1,5	
25.09	Sharing of experiences and duties for practise	1,0			1,0	15,5
26.09	Practise in the duty #1		4,0		4,0	
	Sharing experiences	1,0			1,0	
	Practise in the duty #2		4,0		4,0	
	Sharing of experiences	1,0			1,0	10,0
27.09	Practise in the duty #3		4,0		4,0	
	Sharing of experiences	1,0			1,0	
	Practise in the duty #4		4,0		4,0	
	Sharing of experiences	1,0			1,0	10,0
28.09	Questions & Answers	3,0			3,0	
	Examination test			1,0	1,0	
	Verbal test			0,5	0,5	4,5
TOTAL		22,0	16,0	2,0	40,0	120,0